

Start this walking trail at **A**
 Brooklands Car Park 4
 miles, 1 hour

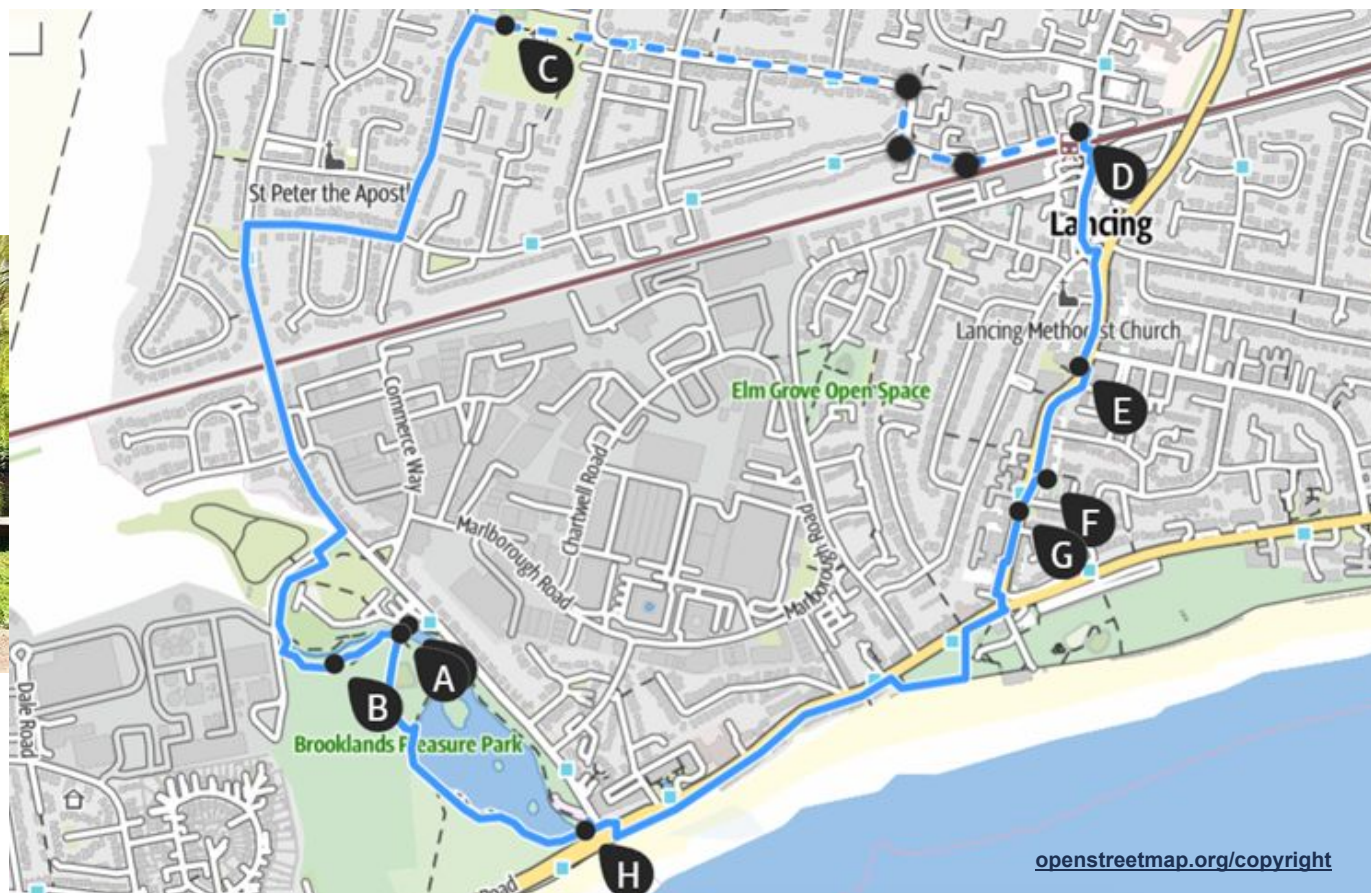


B. Brooklands Stream

Walk along the stream and over the bridge to continue north along Western Road to turn east into Carnforth Road. At the end of the road turn north along Cokeham Lane to reach Crowshaw Recreation Ground.

C. Crowshaw Recreation Ground.

A 'tiny forest' project along the East boundary which has a path cut into it to walk through. We rarely cut the grass in there and there are plenty of wildflowers.



D. Lancing Station

Keep Lancing Lovely
 “Supporting our local environment, parks, beaches, railway station, open spaces, and Nature; reaching out to children and young people to join our cause “



E. Pollinator Highway

By making some verges wilder, we are helping to increase the biodiversity of West Sussex. This will mean that our local environment works better for all of us. CRVs also help to deliver some of the actions in the council’s Pollinator Action Plan.



F. Headborough Gardens

A small garden in the heart of Lancing looked after by Lancing Parish Council.



G. Wenceling Garden

A small sensory garden in the heart of Lancing looked after by the Lancing Parish Council.



H. Brooklands Lake

Return to Brooklands via the Lake - The Friends of Brooklands are a local community group, interested in the regeneration of Brooklands Park in Worthing

